

# At-Risk Seniors in Rhode Island:

Stressors which lead to reduced well-being, increases in mental health issues and isolation

**Child & Family**

*Caring for our Rhode Island Community since 1866*

# Child & Family's role working with seniors

- Founded in 1866 as the Newport Home for the Friendless, programs for seniors have developed in response to unmet needs in Newport County and Providence.
- Child & Family provides Adult Protective Services (APS) through a contract with the Rhode Island Office of Healthy Aging (OHA) for seniors in Newport County and Providence.
- Child & Family provides Conflict Free Case Management (CFCM) to over 400 seniors and adults with intellectual or developmental disabilities. Rolled out over the past year, this significant change in services to seniors who are Medicaid eligible has been plagued by missteps in implementation.
- Child & Family provides case management to low-income seniors who do not meet the Medicaid threshold (Cost Share/CNOM).

# Child & Family's role: Office of Healthy Aging

Contracts with OHA include two primary program areas:

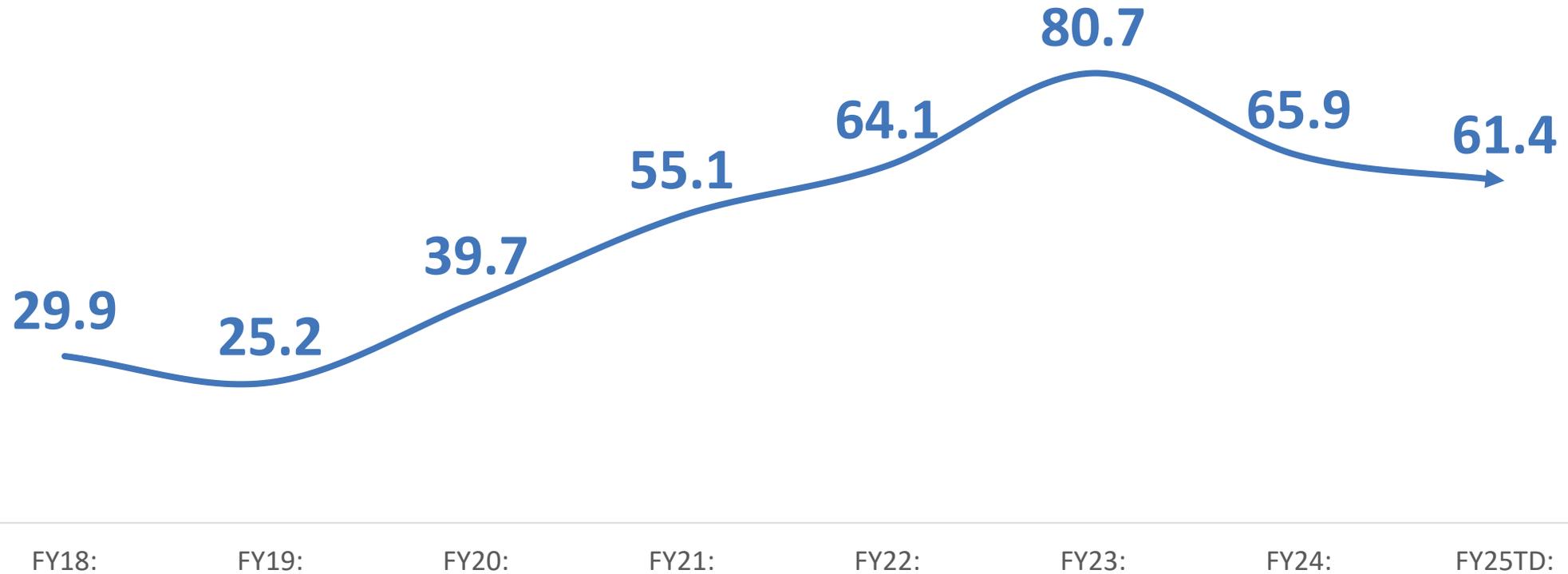
- APS consists of 3 Grants
  - III-B Protective Services Grant
  - Social Services Block Grant
  - Goods and Services Grant
    - For emergency housing, hoarding clean outs, food, emergency support
- Cost Share (CNOM): Medicare program for low-income seniors that need services to remain in their homes
  - Assessment and arranging support such as home care

# Increasing severity of conditions that impact Mental Health APS referrals

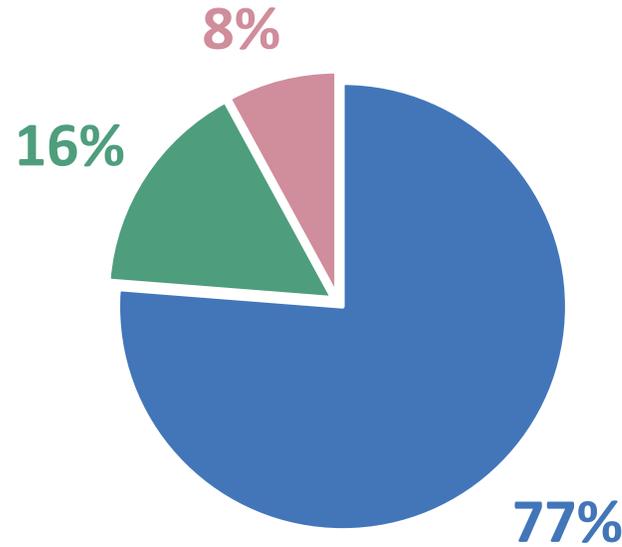
- Homelessness and risk of homelessness
- Extreme isolation
- Declining to engage with case management agency
- Hoarding and home safety
- Basic needs such as housing, food, self-care
- Mental health diagnosis
- Substance use concerns
- Financial concerns
- Impacts to home care (substance use, home conditions, safety)

# Snapshot of APS referrals over time

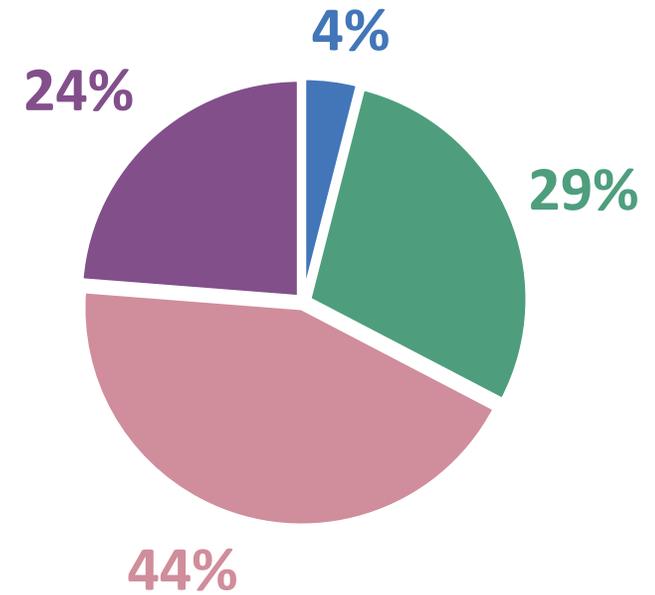
Fiscal Year Average Monthly Referrals



# Recent APS referrals (January-March 2025)



- Self-Neglect
- Abuse
- Early Intervention



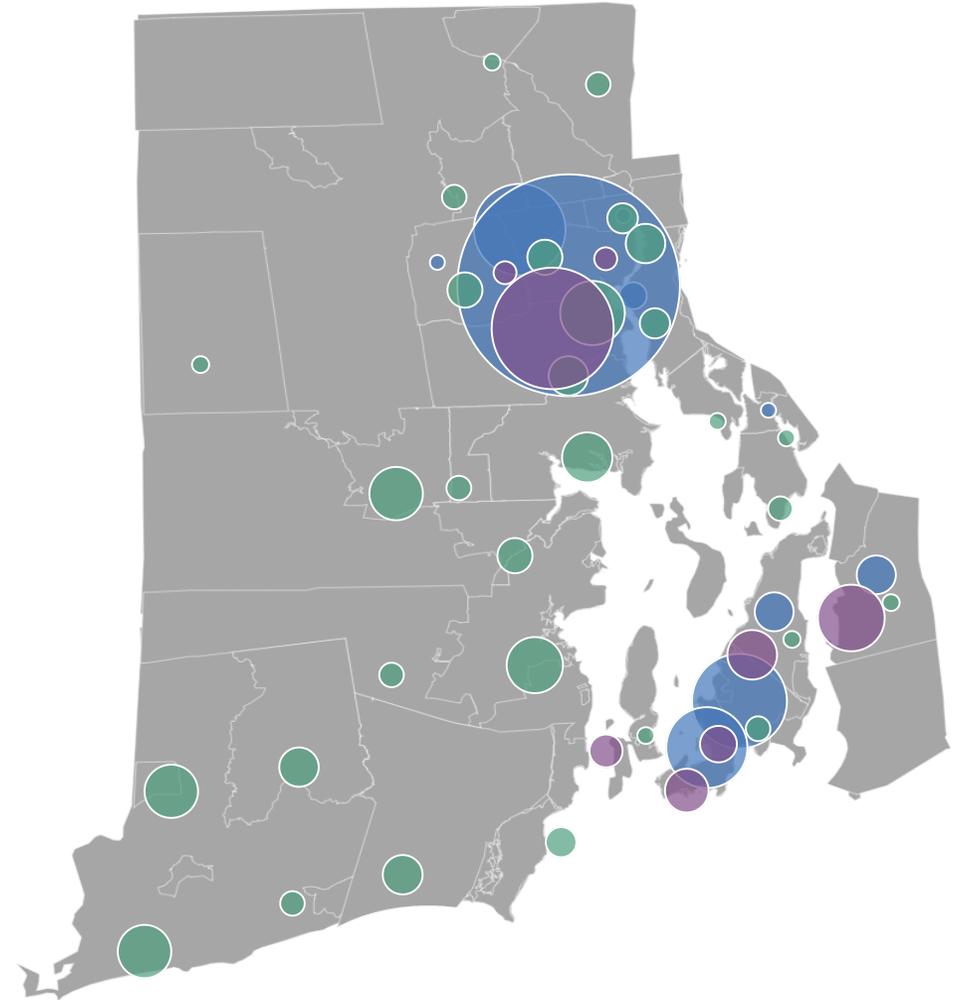
- Level 1 (Assess in 1-2 days)
- Level 2 (Assess in 2-3 days)
- Level 3 (Assess in 3-4 days)
- Level 5 (Assess in 4-5 days)

# Conflict Free Case Management (CFCM) and Cost Share (CNOM) as of Jan-Mar 2025:

**296** CFCM – EAD (Elders & Adults)

**121** CFCM – IDD (Intellectual & Developmental)

**97** CNOM – Medicare home care



# Conflict Free Case Management (CFCM) implementation and Mental Health

- Assessments and reassessments required by CFCM have fallen behind by thousands
- Receiving referrals for clients who are approved for Medicaid and not yet assigned to a case management agency
  - These clients fall under the purview of DHS, who would be responsible for getting adequate homecare in place for the amount of hours allocated by their assessment.
- Due to the extensive wait times and system overload, these clients are not getting their home care needs met in a timely manner
  - This delay increases safety concerns and the risk of hospitalization.